Dear Parents,

We have begun our second term with excellent behaviour and a clear focus on learning across our school.

I was particularly proud of our student behaviour during last Friday’s Anzac Day assembly. This was a solemn occasion, marking the 100th anniversary of the Anzac campaign at Gallipoli from April 25, 1915. Our visiting speaker, Mr Chris Gammage from the Seven Hills RSL, was impressed with our students’ attention and concentration during the special assembly.

Our school captains represented Girraween P.S. at the Dawn Service at Seven Hills RSL on Anzac Day, last Saturday morning from 5.00am. The captains laid a wreath on behalf of all members of our school community.

I would like to welcome our newly appointed Deputy Principal, Mrs Needham, to our school. Mrs Needham comes to our school with a wealth of experience and educational knowledge. Mrs Needham will be responsible for grades 3 to 6. We also welcome Mrs Faorlin to our school this term as a permanently appointed teacher to Girraween P.S. Mrs Faorlin will be teaching 5N. I look forward to a long and productive association with both teachers at our school.

Tuesday we had a fun day, mufti day—dress up as mum. Thank you to all those parents who supported the day by sending a gold coin donation. The money collected will go towards items for our Mothers’ Day stall. Our Mothers’ Day stall will be held next Tuesday and Wednesday. Our P&C will require volunteers to help sell items at the stall. If you are able to assist with the Mothers’ Day stall please leave you name and contact details at the school office.

Despite the wild and wet weather, we have had a very positive start to the term.

Have a great weekend everyone.

G. Walker

DATES FOR YOUR DIARY

5 May     Mother’s Day Stall
6 May     Mother’s Day Stall
12 May    NAPLAN
13 May    NAPLAN
14 May    7.00pm P&C meeting—library

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VALUE OF THE MONTH: Integrity

Being consistently honest and trustworthy

In school communities, evidence of this value includes:
- open and transparent decision making processes
- consistent school policies and actions.

In classrooms, evidence of this value includes:
- trusting others to work independently
- doing what you say you will do
- teachers mark students work consistently to agreed standards
- clearly explaining and enforcing rules about plagiarism, accepting roles in group activities.

Parents and Citizens Association

girraweenprimaryschoolpandc@gmail.com

Our next meeting will be at 7.00pm on Wednesday, 13 May in our school library. There will a presentation by our school photographer.

We have been preparing for our Mothers’ Day stall next Tuesday and Wednesday, 5-6 May. A list of items for sale is included in this newsletter.

We will appreciate any time parents can make to help on the Mothers’ Day stall. Please email the P&C or leave your name and contact details at the school office if you can assist.

$969 raised through School Banking!

Thanks to the fantastic efforts of our students we have raised $969 for our school through School Banking commissions in Term 1. Our school receives $5 when a student makes their first ever School Banking deposit and 5% on every deposit made through the school (to a maximum of $10 per individual deposit).

Saving regularly is an important habit to get into, whether you're saving a little or a lot. Keep up the great work and remember to bring in your School Banking deposit each Thursday.

Thank you for supporting the School Banking program.
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Help your children make sense of natural disasters

As adults we all want our children to live carefree lives and keep them from the pain and even horror of tragedies such as natural disasters. In reality we can't do this.

Recent natural disasters wreak incredible havoc on so many people's lives and will no doubt leave an indelible impact on our collective psyches. Graphic images have been brought into our living rooms via the media over the last few weeks, and will continue to do so in the immediate future.

As adults we all want our children to live carefree lives and keep them from the pain and even horror of tragedies such as natural disasters. In reality we can't do this.

So what is a parent, teacher, or other caring adult to do when the natural disasters fill the airwaves and the consciousness of society? Here are some ideas:

1. Reassure children that they are safe.
The consistency of the images can be frightening for young children who don't understand the notion of distance and have difficulty distinguishing between reality and fiction. Let them know that while this event is indeed happening it will not affect them directly.

2. Be available.
Let kids know that it is okay to talk about the unpleasant events. Listen to what they think and feel. By listening, you can find out if they have misunderstandings, and you can learn more about the support that they need. You do not need to explain more than they are ready to hear, but be willing to answer their questions.

3. Help children process what they see and hear, particularly through television.
Children are good observers but can be poor interpreters of events that are out of their level of understanding.

They may have genuine concerns for the suffering that will occur and they may need an outlet for those concerns. It is heartwarming to see this empathy in children for the concerns of others.

5. Let them explore feelings beyond fear.
Many children may feel sad or even angry with these events so let them express the full range of emotions. They may feel sadder for the loss of wildlife, than for loss of human life, which is impermanent for them.

6. Help children and young people find a legitimate course of action if they wish.
Action is great and can be a stress and anxiety reliever in finding simple ways to help, including donating some pocket money can assist kids to cope and teach them to contribute.

7. Avoid keeping the television on all the time.
The visual nature of the media means that images are repeated over and over, which can be both distressing to some and disorientating to others.

8. Be aware of your own actions.
Children will take their cues from you and if they see you focusing on it in an unhealthy way then they will focus on it too. Let them know that it is happening but it should not dominate their lives.

9. Take action yourself.
Children who know their parents, teachers, or other significant caregivers are working to make a difference feel hope. They feel safer and more positive about the future. So do something, it will make you feel more hopeful too. And hope is one of the most valuable gifts we can give children and ourselves.

Children's worlds can be affected in ways that we can't even conceive of so adults need to be both sensitive to children's needs and mindful of what they say and how they act in front of children. In difficult times, it is worth remembering what adults and children need most are each other.


parentingideas.com.au

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ANZAC DAY SERVICE

Last Friday Girraween Public School held their Annual ANZAC Day Service. This year was celebrating 100 years since the landing at ANZAC Cove.

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2015 GPS P&C’s
Mother’s Day Stall Items, 5-6 May

$1 Item
Pen with Highlighter

$3 Item
Heart Mug
Single Stemmed Soap Rose
Hand Cream

$5 Item
Shower Gel and Body Lotion

$7 Item
Cup and Saucer Set
Our school Vision

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Intention to apply: Year 5 entry to an opportunity class in 2016

Dear Parent/Carer

Opportunity classes cater for highly achieving academically gifted students who may otherwise be without classmates at their own academic and social level. These schools help gifted and talented students to learn by grouping them with other gifted and talented students, teaching them in specialised ways and providing educational materials at the appropriate level.

Applications for opportunity class placement are considered mainly on the basis of the Opportunity Class Placement Test results and school assessment. The Opportunity Class Placement Test will be held on Wednesday 22 July 2015.

If you would like to have your child considered for Year 5 opportunity class entry in 2016, you need to do so soon. You will need to apply on the internet using a valid email address (not the student’s email address).

Detailed instructions on how to apply online will be available from 27 April 2015 in a printed application information booklet and at www.schools.nsw.edu.au/placement. The application website opens on 27 April 2015 and closes on 15 May 2015.

No late applications will be accepted.

There are no paper application forms. If you do not have internet access, you could apply at a public library. If you have a disability that prevents you from using a computer, you can contact the Unit for assistance after 27 April 2015.

You must submit only ONE application for each student.

Yours sincerely,

G. Walker
Principal

23.04.2015

Cut along the dotted line and return the completed slip below to this school by next Friday.

Note: This is a notice to your primary school that you intend to apply only. It is NOT an application.

To apply you will need to register and then apply through the High Performing Students application website shown above.

Student’s name: ________________________ Class: ________________________

I am interested in applying for opportunity class placement in 2016

Yes □ No □

I have internet access and will be applying online □

OR

I do not have internet access and would like to receive a printed application form □

Signature of parent/carer: ________________________ Date: ________________________

Note: This is a notice to your primary school that you intend to apply only. It is NOT an application.

To apply you will need to register and then apply through the High Performing Students application website shown above.
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OSHClub Update

Welcome back to OSHClub for Term 2! We are energised to be back and looking forward to more learning and fun this term. Some emerging interests in the group: weather patterns, rainbows, dramatic play and cooking!

We have had a wonderful Term 1 holiday program which included a huge trip to Taronga zoo, Exotic Bollywood day and a Silent disco!

The photos in today’s update are mainly from holiday program!

Sincerely,
OSHClub

PS. We have a lot of LOST PROPERTY. This has accumulated from Term 1 and holiday program. PLEASE come and collect because by the end of the week its going to the Salvation Army!

We have some vacancies in before school care this term, so to join us please go online:
oshclub.com.au

Thank you!
Maryam
### Girraween P.S. 21st Century Learning

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### Canteen Menu 2015

#### Sandwiches
- Egg or Egg & Lettuce (G, V, H) $2.00
- Ham or Devon or Chicken Salad add 80c (G, H) $2.70
- Tuna Salad add 80c (G, H) $2.70
- Salad (G, H) $2.80
- Vegemite or Jam or Honey or Cheese $1.70

#### Wraps
- Cheese Rocket - Melted Cheese (G) $2.00
- Pizza Rocket - Ham or Chicken, Cheese & Pizza Sauce (G) $2.80
- Kids Chicken Schnitzel & Lettuce Wrap (G, H) $2.80
- Caesar Wrap With Lettuce & Mayo Add Chicken $1 (G) $3.20
- Salad Wrap Add Chicken $1 (G, H) $3.40
- Chicken Breast Schnitzel Wrap Lettuce & Mayo (G, H) $4.00
- Hawaiian Wrap Chicken, Lett, P/apple, Mayo (G, H) $4.20
- Sweet Chilli Wrap Chicken Tenders, Lett, Mayo (A, H) $4.00

#### Salad Bowls
- Caesar or Garden or Greek Salad Add Chicken $1 (G, V) $3.50
- Salad Bowl Chicken, Ham, Egg, Tuna or Cheese (G, V) $4.50

#### Burgers
- Fish Fillet Burger Lettuce, Mayo (G, H) $3.60
- Chicken Burger 100% Breast, Lettuce, Mayo (A, H) $3.60
- Hamburger Gourmet Beef, Tomato, Lettuce, BBQ Sauce (G, H) $3.60
- Vege Burger (G, H, V) $3.80
- Kids Cheeseburger Cheese, Tomato Sauce (A) $2.00
- Cheeseburger Cheese, Tomato Sauce (A, H) $3.60

#### Hot Favourites
- Garlic Bread Large Roll (G, H, V) $2.00
- Fish Finger (G, H) $0.70
- Corn Cob (G, H) $1.00
- Cup of Noodles Chicken OR Beef (G, H) $2.60
- Hot Dog With Sauce (All Chicken Meat - Not Pork) (A, H) $2.60
- Chicken Nuggets Premium Breast (A, H) $0.70
- Popcorn Chicken Premium Breast (A, H) $3.00
- Hash Brown (A, H, V) $1.00
- Potato Wedges With Sauce (A, H, V) $2.00
- Cheese & Bacon Roll (A) $2.00
- Mini Spring Rolls Vegetarian (A, H, V) $0.70
- Nachos Beef Sauce & Cheese (A, H, V) $3.50
- Hot Cakes x2 with Maple Syrup (A, H, V) $3.00

#### Pizza & Pasta
- Lasagna (Beef or Vegetarian) (G, H) $3.50
- Spaghetti Bolognese (G, H, V) $3.50
- Macaroni & Cheese (G, H, V) $3.80
- Butter Chicken & Rice (G, H, V) $3.50
- Fried Rice (G, H, V) $3.50
- Pizza Hawaiian OR Bacon & Cheese (A) $2.60
- Pizza Slab Margherita (A) $3.80

#### RECESS Snacks Over the Counter Only
- Potato Skins Melted Cheese or Salsa (G, H, V) $1.20
- Mini Muffins Homemade with Berries (G, H) $1.20

#### Fresh Fruits
- Apple, Orange, Banana, Watermelon (G, V) $0.90
- Fruit Salad Cup (G, V) $1.50
- Grapes in a Cup (G, V) $1.60
- Fruit Salad Bowl Large (G, V) $3.80

#### Snacks
- Fruit Nuggets 56% Fruit Gluten Free (V) $0.60
- Jelly Cup Add Fruit 50c (G, H) $1.00
- Popcorn Fresh & Hot (G, H) $1.00
- Yoghurt Vanilla (G, H) $2.00
- Bread Sticks Pizza Flavour (A) $0.20
- Yoghurt Filled Strawberry Bars (A) $0.30
- JJ's Chicken Crackers (A) $1.00
- Brownie (A, H) $1.00
- Mamee Noodles (A, H) $1.00
- Jumpys (A, H) $1.20
- Red Rock Chips Honey Soy (A, H) $1.50

#### Milk Drinks
- 300ml Choc Strawb/ Vanilla Oak Fresh (G, H) $2.20
- 600ml Choc Strawb/ Vanilla Oak Fresh (G, H) $3.50
- Up & Go Choc/ Strawb/ Vanilla Breakfast Drink (G, H) $2.50
- Hot Chocolate (A, H) $1.50

#### Cold Drinks
- Poppers 100% Juice 200ml (G, H) $1.50
- Water 350ml (G, H) $1.20
- Water 600ml (G, H) $1.60
- Orchy 350ml Fresh Juice Apple or Orange (G, H) $2.20
- Appletiser 250ml Sparkling Apple Juice 99c (G, H) $2.20
- Diet Lemonade No Artificial Colours or Flavours 300ml (A, H) $1.50
- Quench Flavoured Mineral Water 350ml (A, H) $2.20
- Slushie 200ml (A, H) $1.50
- Slushie 285ml (A, H) $2.00
- Glee 250ml Assorted Flavours Sparkling Juice (A) $2.20

#### Ice Blocks
- Frozen Fruit Yoghurt (G, H) $2.50
- Jelly Sticks (A) $0.20
- Fruit Ice (A) $0.50
- Zoorper Dooper (A, H) $0.80
- Sour Snap Apart (A) $1.00
- Ice Mony (A) $1.20
- Paddle Pops (A, H) $1.60

#### Pie & Sausage Roll Low Fat
- Party Pie (A, H) $1.00
- Sausage Roll (A, H) $2.70
- Meat Pie Traveller (A, H) $3.60
- Potato Pie (A, H) $3.80

#### Crunch & Sip Special Order Before School
- Apple, Orange or Banana + Bottled Water 350ml (G, H, V) $1.80

#### Extras
- 20c Cheese Tomato Beetroot Cucumber Carrot 40c Pineapple

### Monday
- **Steamed Dumplings**
  - PRAWN (4 Per Serve) $4.00

### Tuesday
- **Sushi Rolls**
  - TUNA OR CHICKEN OR VEGE $3.00
    - REGULAR $5 LARGE

### Wednesday
- **Hokkien Noodles**
  - CHICKEN & CARROT $3.80

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(G) Green - (A) Amber - (V) Vegetarian - (H) Halal